The Situation before the project

Every third young person with arthritis in Germany stops therapy when he or she enters adult care!

- Medical Care
  - Care facilities specialized in transition about 30 are unevenly distributed and thus often far to reach.
  - Long waiting time for a consultation with a rheumatologist – too few rheumatologists.
  - Too few doctors with experience regarding young persons with arthritis.

- Situation of young people with arthritis
  - No knowledge about the condition – only every second person knows the correct diagnosis.
  - Parents manage everything – only every fifth young person up to 17 years has consulted a doctor without their parents.
  - Timely and comprehensive support is lacking.

The Project 2014 - 2017

Young people with arthritis (16-20)
- Transition peers provide support (telephone, online, personal contact).
- Information platform on the internet.
- Camps.

Parents
- Information material
- Seminar: Learn to let go!

Doctors
- Information material
- Peers provide information at congresses and meetings.

Project Aim and Target Groups

Goal:
- To achieve that young people with arthritis make the transition from children’s care to adult care without breaking off their therapy.

Target groups:
- Young persons with arthritis, parents, doctors

Advisory board supports the project: young people with arthritis, parents, doctors, professionals from the Deutsche Rheuma-Liga, Federal Ministry of Health

Research into needs of young people and evaluation of the project by the German Arthritis Research Center

New Website:
www.mein-rheuma-wird-erwachsen.de

Promotion-Material